

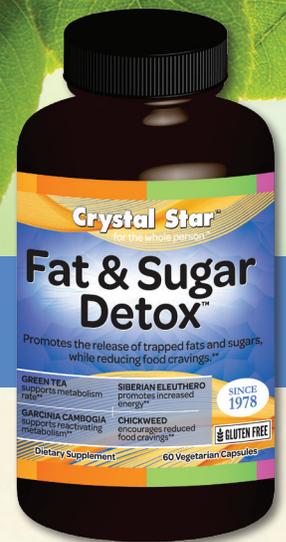
Crystal Star™

for the whole person™



Fat & Sugar Detox™

PRODUCT ID#	SIZE
102020	60 Capsules



GREEN TEA
supports metabolism rate**

GARCINIA CAMBOGIA
supports reactivating metabolism**

SIBERIAN ELEUTHERO
promotes increased energy**

CHICKWEED
encourages reduced food cravings**

Crystal Star Fat & Sugar Detox™ offers serious cleansing and weight loss support in a convenient whole herb capsule blend.

Do you need Crystal Star Fat & Sugar Detox™?

The latest statistics show that Americans consume 150 lbs. of sugar a year! Even with all the fat-conscious foods on the market today, Americans still consume one-third of their calories as fat. Obesity is now the second leading cause of preventable death in the country! Another disturbing trend: as more and more Americans are hopping on the low carb bandwagon, our fat intake is only growing! If your diet is too high in fat and sugar, you're probably feeling sluggish and you may need to drop a few quick pounds. Crystal Star Fat & Sugar Detox™ can help. It helps flush out fats, gives your body a quick cleanse, and even helps cut your cravings for fats and sugar.

Who is Fat & Sugar Detox™ for?

- people who need a quick detox after over-indulgence in fatty, sugary foods or holiday foods
- people who need to drop excess weight caused by fat and sugar overload
- people whose cravings for fat and sugar block the success of any weight control program
- men with a protruding stomach (liver congestion and toxin overload) and women with newly formed cellulite (poor fat metabolism and hormone imbalance)

How can Fat & Sugar Detox™ Enhance the Results of Your Health Program?

- Whole herbs in the formula like green and white tea naturally help promote release of trapped fats and sugar, while simultaneously reducing food cravings.
- Whole herbs like garcinia cambogia and mustard seed help boost thermogenesis (brown fat activity) for help with accelerated fat burning without overstimulation.
- Supplies chromium picolinate and chromium from herbs to help stabilize low blood sugar swings.
- CLA in the formula helps reduce abdominal fat, and helps increase lean muscle mass.

about the herbs

Fat Metabolizing/Thyroid Blend: [Green Tea (Camellia sinensis), White Tea (Camellia sinensis), Coleus forskohlii, Tyrosine]: The fat metabolizing/thyroid blend contains herbs specifically chosen to help boost thyroid activity and fat metabolism. Green tea and coleus in the blend work together to modify the way adrenaline burns fat. Tyrosine in the blend helps stimulate thyroid activity for more efficient metabolism.**

Fat Emulsifier Blend: [CLA, Inositol, B-6]: The fat emulsifier blend helps break down fats and accelerate their elimination. CLA, in particular, shows good results for reducing abdominal fat and increasing lean muscle mass.**

Thermogenic Calorie Burning Blend: [Garcinia cambogia (natural HCA source), Guarana seed (Paullinia cupana), Sida coridifolia, Mustard Seed (Sinapsis a.), Cayenne (Capsicum annum)]: The thermogenic calorie burning blend helps stimulate thermogenesis (brown fat activity) for optimum fat calorie burning.**

Sugar Control Blend: [Jiaogulan (Gynostemma pentaphyllum), Gymnema sylvestre extract, Glutamine]: The sugar control blend helps balance blood sugar levels and reduce sugar cravings.**

Fennel Seed (Foeniculum vulgare): helps reduce bloat and helps with weight control.**

Burdock Root (Arctium lappa): helpful hormone balancer and liver cleanser.**

Vitamin B-6: helps with hormone balance and PMS symptoms.**

Ingredients: CLA One Powder, Green Tea (Leaf), Garcinia Cambogia (Fruit), White Tea (Leaf), Chickweed (Herb), Prickly Pear, St Johns Wort (Herb), Fenugreek (Seed), Guarana (Seed), Gymnema Sylvestre, Dandelion (Root), Maca (Root), Gotu Kola (Herb), Siberian Eleuthero, Jiaogulan (Herb), L-Glutamine, Spirulina Plantensis, Fennel (Seed), Uva-Ursi (Leaf), Grapeseed (Extract), Coleus Forskohlii, L-Tyrosine, Betaine HCL, Tinospora Cordifolia, Inositol 97%, Cleavers (Herb), Cinnamon Bark (Extract), Burdock (Root), Sarsaparilla (Root), Marshmallow (Root), Mustard (Seed), Cayenne Pepper (Fruit), Kelp; Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)**

Directions: Take 3 capsules daily, one before each meal.

**This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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GLUTEN FREE