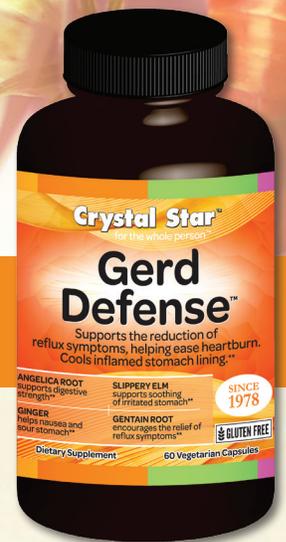


Crystal Star™

for the whole person™



GERD Defense™

PRODUCT ID#	SIZE
102400	60 Capsules

ANGELICA ROOT
supports digestive strength**

GINGER
helps nausea and sour stomach**

SLIPPERY ELM
supports soothing of irritated stomach**

GENTAIN ROOT
encourages the relief of reflux symptoms**

A natural alternative to antacids, this stomach tonic and digestive aid helps ease heartburn and reflux symptoms. It cools inflamed stomach lining, tones and shrinks swollen membranes, soothes and strengthens stomach and esophagus walls. GERD Guard™ is especially helpful after heavy meals, and for an overeaters weight control program. It even offers balancing activity for leaky gut syndrome.

Do you need Crystal Star GERD Defense™?

GERD (Gastroesophageal reflux disease) is caused by the leaking of stomach acid back into the esophagus and the throat. GERD causes uncomfortable heartburn that is almost constant. It's common in our Western civilization where overeating and obesity are the norm. GERD can also occur in severe cases of osteoporosis, when the rib cage and upper body collapse to the point where normal food transit is impeded.

Who are GERD Defense™ For?

- people who experience heartburn pain after overindulgence in fatty or spicy meals
- people with bone loss with impeded food assimilation
- people who are looking for a natural alternative to antacids
- people with symptoms of stomach imbalance: difficulty swallowing, burning and reflux in the throat, and great nervous anxiety

How can GERD Defense™ Enhance the Results of Your Health Program?

- Stomach tonics like meadowsweet, gentian and goldenseal in the formula help relieve acid indigestion and reflux symptoms.
- Mucilaginous herbs in the formula like marshmallow and slippery elm soothe stomach lining irritation and benefit leaky gut syndrome.
- Enzyme-promoters in the blend like betaine HCL, protease and ginger support proper functioning of the stomach and help improve digestion of proteins.

about the herbs

Meadowsweet (*Filipendula ulmaria*): a natural stomach soother which helps relieve acid indigestion symptoms.**

Marshmallow (*Althea off.*): helps soothe stomach lining irritation. Fights reflux and gastritis symptoms.**

Goldenseal Root (*Hydrastis canadensis*): a bitters herbs that encourages production of HCL. Antibacterial for stomach distress.**

Angelica Root (*Angelica archangelica*): helps strengthen digestion and reduces gas. Improves nutrient assimilation.**

Gentian Root (*Gentiana lutea*): a bitters herb that encourages production of HCL. One of the best stomach tonics for reflux symptoms.**

Cardamom Pd. (*Elettaria cardamomum*): helps break up excess gas; reduces sour stomach and gastritis symptoms.**

Dandelion Root (*Taraxacum off.*): supports liver detoxification and proper fat metabolism. A mild bitter.**

Licorice Root (*Glycyrrhiza glabra*): promotes soothing to mucous membranes of the stomach.**

Betaine HCL: supports proper functioning of the stomach and improves protein digestion.**

Slippery Elm (*Ulmus rubra*): helps soothe and coats irritated stomach lining. Also helps rebuild gut lining.**

Prickly Ash (*Zanthoxylum americanum*): a digestive tonic especially helpful for gas and loose stools.**

Ginger Root (*Zingiber off.*): a superior remedy for help with nausea and sour stomach; helps break up excess gas.**

Protease: a protein digesting enzyme with immune boosting properties.**

Ingredients: Meadowsweet (Herb), Marshmallow (Root), Goldenseal (Root), Angelica (Root), Gentain (Root), Cardamon (Seed), Dandelion (Root), Licorice (Root), Betaine HCL, Slippery Elm (Bark), Prickly Ash (Bark), Ginger (Root), Protease; Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)**

Directions: Take 2 caps twice daily before breakfast and lunch for 1 month as a tonic and cleansing aid. Then, 1 cap daily as needed for maintenance.

**This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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