

# Crystal Star™

for the whole person™



## Inflama Relief™

PRODUCT ID#	SIZE
101180	60 Capsules

**WHITE WILLOW**  
supports comfort\*\*

**UVA URSI**  
encourages gentle  
cleansing and acid  
release\*\*

**TURMERIC**  
supports healthy  
inflammation response\*\*

**GOTU KOLA**  
promotes nerve  
comfort\*\*

### Do you have discomfort... but don't want to take anti-inflammatory drugs?

Many Americans struggle with daily pain from arthritis, headaches, backaches, menstrual cramps, repetitive strain, or chronic illness. But taking high doses of anti-inflammatory drugs or aspirin can cause serious damage to the gastrointestinal tract, even bleeding ulcers. Crystal Star Inflama Relief™ helps combat pain and discomfort, naturally, without the side effects and risks of these drugs.

### Inflama Relief™ is good for more than just pain relief...

Inflama Relief™ is a powerful antimicrobial for bacterial and viral pathogens. It helps remove toxins quickly, and even fights external problems like sebaceous gland cysts. It enhances your body's natural immune response in handling the problem. It contains herbs which help to increase production and activity of interferon and macrophages, t-lymphocytes (Killer T-cells), and lymphokines for a natural immune boost. It's a great source of herbal inflammation response that helps take down swelling and discomfort, helping the body's own healing elements to come into play.

### Did you know your diet is a key to fighting inflammatory reactions?

The right foods can also go a long way towards reducing inflammatory reactions. Diets high in sugar and hydrogenated oils with little or no fresh foods ignite inflammation by impairing immune response, taxing enzyme stores and imbalancing prostaglandin (hormone-like chemicals) production. For chronic problems, Inflama Relief™ works best used with a natural foods diet, high in body balancing fresh fruits and vegetables, and foods high in EFAs (essential fatty acids) like seafoods and sea greens. Its powerful inflammation response and antispasmodic activity helps break the pain-spasm cycle so you are free to live your life again. Crystal Star Inflama Relief™ is not just what the symptoms require... it's more of what YOU need.\*\*

## about the herbs

**White Willow** (*Salix alba*): a natural source of discomfort relieving salicylic acid, the active ingredient in aspirin; white willow is much safer without the gastric side effects, ulcer risk, or blood thinning effects.\*\*

**Jamaica Dogwood** (*Piscidia erythrina*): one of the strongest non-narcotic herbal discomfort reliever (anodynes)... especially for menstrual pain, facial nerve pain, neuralgia, TMJ pain, back pain, muscle cramps and spasms.\*\*

**White Pine** (*Pinus strobus*): a helpful antioxidant with circulatory stimulating activity.\*\*

**Gotu Kola** (*Centella asiatica*): specific for nerve discomfort; calms, soothes and rebuilds nerves.\*\*

**Devil's Claw** (*Harpagophytum procumbens*): anti-inflammatory, especially for headaches, migraines; does not damage stomach lining like NSAIDs; helps better digestion.\*\*

**Turmeric Root** (*Curcuma longa*): a superior herbal anti-inflammatory, a powerful non-toxic antioxidant, stronger than vitamin E.\*\*

**Meadowsweet** (*Filipendula ulmaria*): a natural source of discomfort relieving salicylic acid, the active ingredient in aspirin, but much safer; protects inner lining of the stomach and intestines.\*\*

**Ginger Root** (*Zingiber officinalis*): anti-inflammatory; antiseptic; catalytic. Uva Ursi (*Arctostaphylos uva ursi*): a gentle cleanser that helps release acid wastes linked to joint-muscle pain.\*\*

**Ingredients:** Turmeric (Root), White Willow (Bark), Jamaica Dogwood (Bark), Gotu Kola Aerial, White Pines (Bark), Ginger (Root), Devil's Claw (Root), Red Clover Blossoms, Burdock (Root) Powder, Meadowsweet (Herb), Licorice (Root), Organic Alfalfa (Leaf), Chamomile (Flower), Dandelion (Root), Uva Ursi (Leaves); Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)\*\*

**Directions:** Take 2 caps every 4 – 6 hours as needed.

\*\*This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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