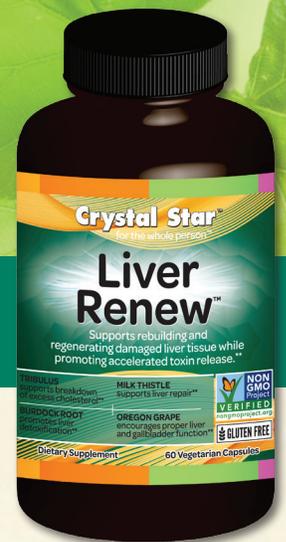


Crystal Star™

for the whole person™

SINCE
1978



Liver Renew™

PRODUCT ID#	SIZE
103010	60 Capsules
103000	90 Capsules

TRIBULUS

supports breakdown of excess cholesterol**

BURDOCK ROOT

promotes liver detoxification**

MILK THISTLE

supports liver repair**

OREGON GRAPE

encourages proper liver and gallbladder function**

The health of your liver is related to your immune strength.

The liver is responsible for more than 1500 functions that directly maintain your immune system. It produces interferon, the body's natural germ killer, which activates white blood cells that destroy and eliminate disease-causing pathogens. Further, the liver is your body's main organ of detoxification, filtering out toxins at a rate of over a quart of blood per minute. It's also a vast storehouse for vitamins, minerals, and enzymes that it releases as needed to build and maintain healthy cells.

Does your liver need support?

Since the Standard American Diet (SAD) is high in calories, fats, sugars, and alcohol, with unknown amounts of toxic substances, almost everyone has some degree of liver malfunction. Liver disorders are a direct cause of death for 50,000 people in the United States every year! Liver exhaustion signs to watch for:

- unexplained fatigue and depression
- dark circles under the eyes
- a distended stomach even if the rest of the body is thin
- food and chemical sensitivities
- nausea and shakes
- brown skin spots or skin itching

Note: Jaundiced skin, hepatitis virus or cirrhosis indicate severe liver exhaustion. If your body is showing any of these signs, please seek help from a qualified health practitioner.

How does Crystal Star Liver Renew™ help restore liver health?

This advanced formula features milk thistle seed extract, found in clinical studies to help prevent liver damage from alcohol and to regenerate damaged liver tissue. Bupleurum, dandelion and red sage have been added as liver tonics which help accelerate toxin release. The mushrooms, maitake and reishi, are included for helpful powerful immune support. With Crystal Star Liver Renew™, you may notice fewer instances of swollen glands during the cold and flu season. Weight and cellulite control difficulties can be reduced as buildup toxins are released. Even brown skin spots and spots before the eyes may begin to fade. Make a commitment to be good to your liver with Crystal Star Liver Renew™ caps!*

about the herbs

Burdock Root (*Arctium lappa*): helps detoxify the liver and bloodstream; a specific help for chronic skin eruptions like boils, acne and abscesses that are related to liver toxicity.**

Artichoke Leaf (*Cynara scolymus*): a liver protector that helps promote bile flow; helpful for liver and gallbladder problems, and high cholesterol.**

Milk Thistle Seed Extract (*Silybum marianum*): a liver helper that works well even long term (1-2 months); helps repair liver damage related to poisoning, viruses, and toxicity.**

Bupleurum (*Bupleurum chinensis*): widely valued in TCM as a liver support for severe liver damage.**

Dandelion Root (*Taraxacum off.*): a helpful remedy for liver support. Many herbalists recommend 2 cups of roasted dandelion root tea a day to help remedy liver problems.**

Oregon Grape (*Mahonia aquifolium*): a bitters herb that helps stimulates liver and gallbladder function.**

Reishi Mushroom (*Ganoderma lucidum*): a specific herb for liver, helps immune and respiratory support; helpful in cases of viral liver infection, bronchitis and high cholesterol.**

Schizandra Berries (*Schizandra chinensis*): a liver helper used in TCM; helps to energize by supporting the adrenal glands.**

Red Sage (*Salvia miltiorrhiza*): a blood purifier that helps reduces excess heat and toxicity in the liver.**

Maitake Mushroom (*Grifola frondosa*): stimulates immune support and helps protect the liver.**

Jiaogulan Herb (*Gynostemma pentaphyllum*): a liver helper and lipid regulator; studies confirm jiaogulan can help regulate triglycerides, LDL (bad cholesterol), and HDL (good cholesterol).**

Barberry Bark (*Berberis vulgaris*): a bile stimulant that helps improve elimination and helps rebuild the liver.**

Tribulus (*Tribulus terrestris*): a liver tonic that helps breakdown excess cholesterol.**

Grapeseed (*Vitis vinifera*): a powerful liver supporter and antioxidant; can help liver damage related to chemotherapy.**

Turmeric Root (*Curcuma longa*): helps stimulate bile flow; reduces inflammation; a potent antioxidant that can help protect liver tissue.**

Ingredients: Burdock (Root), Artichoke (Leaf), Milk Thistle Seed (Extract), Bupleurum (Root), Wild Yam Mexican (Root), Chinese Wolfberry, Dandelion (Root), Oregon Grape (Root), Ginkgo Biloba (Leaf), Reishi (Mushroom), Schizandra (Berry), Red Sage (Root), Dandelion (Leaf), Jiaogulan (Herb), Barberry (Bark), Tribulus Terrestris, Watercress (Herb), Grapeseed, Ginger (Root), Cardamom Pod, Turmeric (Root) (Curcumin), Maitake (Mushroom); Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)**

Directions: Take 1 – 2 caps, 3 times daily before meals for 1 – 2 months. For maintenance, take 2 caps daily as needed.

**This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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