Liver Renew™

The state of your liver is related to healthy immune response.
The liver is responsible for more than 1500 functions that directly maintain your immune system. It produces interferon, the body’s natural germ killer, which activates white blood cells that destroy and eliminate disease-causing pathogens. Further, the liver is your body’s main organ of detoxification, filtering out toxins at a rate of over a quart of blood per minute. It’s also a vast storehouse for vitamins, minerals, and enzymes that it releases as needed to build and maintain healthy cells.

Does your liver need support? Since the Standard American Diet (SAD) is high in calories, fats, sugars, and alcohol, with unknown amounts of toxic substances, almost everyone can benefit from whole herb liver support.

How does Crystal Star Liver Renew™ support liver health?
This formula features milk thistle seed extract, which can be used safely as a long term liver tonic. Bupleurum, dandelion and red sage have been added as liver tonics which accelerate toxin release. The medicinal mushrooms, maitake and reishi, are included for powerful immune support. Make a commitment to be good to your liver with Crystal Star Liver Renew™ caps!*

**about the herbs**

**Burdock Root** (*Arctium lappa*): supports healthy blood and liver tone.

**Artichoke Leaf** (*Cynara scolymus*): an excellent herb for liver health.

**Milk Thistle Seed Extract** (*Silybum marianum*): a long term liver tonic. Very gentle.

**Bupleurum** (*Bupleurum chinensis*): widely valued in TCM for liver health.

**Dandelion Root** (*Taraxacum offic.*): Many herbalists recommend 2 cups of roasted dandelion root tea a day to support liver vitality and body energy.

**Oregon Grape** (*Mahonia aquifolium*): a bitters herb for healthy liver and gallbladder function.

**Reishi Mushroom** (*Ganoderma lucidum*): a Traditional Chinese mushroom for liver, immune and respiratory health.

**Schizandra Berries** (*Schizandra chinensis*): a liver tonic used in TCM; helps to energize by supporting the adrenal glands.

**Red Sage** (*Salvia miltiorrhiza*): detoxifying properties; supports healthy circulation.

**Jiaogulan Root** (*Gynostemma pentaphyllum*): a liver energizer that also supports cardiovascular health.

**ingredients:** Burdock Rt.; Artichoke Lf.; Milk Thistle Sd. Ext.; Bupleurum; Wild Yam Rt.; Chinese Wolfberry; Dandelion Rt.; Oregon Grape Rt.; Ginkgo Biloba Lf.; Reishi Mushroom; Schizandra Bry.; Red Sage Lf.; Maitake Mushroom; Jiaogulan Lf.; Barberry Bk.; Dandelion Lf.; Tribulus Frt.; Watercress Hrb.; Grapeseed; Ginger Rt.; Cardamom Pod; Turmeric Rt.; Other ingredients: vegetable-source maltodextrin and magnesium stearate, vegetarian capsule (vegetable cellulose and water).

**directions:** Take 1 – 2 caps, 3 times daily before meals for 1 – 2 months. For maintenance, take 2 caps daily as needed.

* This document is not intended as a substitute for the medical recommendations of physicians or other healthcare providers. Rather, it is intended for educational and informational purposes only. Please see a qualified healthcare professional if you have questions regarding your health. The statements in this document have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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